

PRESS RELEASE

MIKA WILL TEACH THE SWEDISH PEOPLE HOW TO STEP OUT OF THEIR STORIES!

Mika Heilmann is from Denmark and an internationally recognised coach, writer and teacher – known for her authentic being and remarkable results with true transformation. Mika is coming to Stockholm for the first time to give her successful lecture” Step Out Of Your Story and Into Your Light”

Every human being has a story and it contains so much wisdom. Unfortunately many people don't know how to use their stories to create a more compelling future.

Most people find themselves trapped in the limitations of their stories and don't know how to access the huge potential that is available to each of us by stepping out of them. When you realize your life lessons are important steps into your light, you begin to use your story instead of the story using you and you will be able to transform your life, from being a victim of your story, to becoming a powerful creator of a desired future. Creating a meaningful life is the meaning of life.

With warmth, wisdom and wit Mika Heilmann will guide people to step out of their stories and into their full potential 14th of April 2011 in Stockholm.

For more information on the lecture pls visit www.raspberryberet.se for more information on Mika Heilmann pls visit www.create-you.dk

If you would like more information about this topic, or to schedule an interview with Mika Heilmann please contact Maria Nylin the organizer of the event in Sweden at +46 708 640 111 or by mail maria@raspberryberet.se or Mika Heilmann on cell phone: +45 28582930 or by mail info@create-you.dk

“The most important story is the one you are telling yourself”
Mika Heilmann