

THE POWER OF INNER SUCCESS

An international all-in-one retreat at CCA Mallorca
- A 5 day consciousness shift to awaken your success

22nd -27th September 2011

In a brandnew collaboration between coach **Mika Heilmann** and the Gallery owners **Jacob & Patricia Asbæk**, you have the opportunity to awaken your energy and make a shift in consciousness at the beautiful Danish contemporary Center of Art, **CCA Andratx** and participate in a **workshop** that reconnects you with your energy, presence and your most important resource – your self!

During the workshop you will:

Awaken to a shift in consciousness to one of power, peace and wellbeing

Step out of the limiting stories of the mind and discover the peace and presence of the now

Connect with your own inner voice and discover your next direction in life

Find your own DNA energy code and become a master at creating good energy

Create a vision based on your souls deepest desires and your inner foundation

During these 5 days you will be guided to make a shift in consciousness and master essential tools that will make you able to live a **more authentic, joyful and rich life**. At the same time you can enjoy the art exhibition at **CCA**, go for a walk in the **Tramuntana mountains** and experience authentic **Mallorcinian food and wine** on the beautiful Island Mallorca.

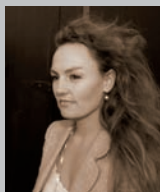
An **all-in-one experience** to enrich your soul and wellbeing!

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About Mika Heilmann:
Life & Business Coach
Column writer
NLP Master Practitioner
Integrative Coach Professional, JFK University



Mika Heilmann is an internationally recognised coach, writer and teacher, known for her authentic being and remarkable results with true transformation. She is the CEO of her own company **CREATE YOU** and travels the globe with her lectures, workshops and retreats. She has trainings from Denmark and US and has found a niche in combining emotional work, with effective coaching tools and cutting edge knowledge of psychology and modern spirituality. www.create-you.dk

About CCA Andratx:
Contemporary Art Centre
Sa Coma - Andratx
Place to spend a day exploring art and nature



Located on the southside of the Tramontana Mountains only 30 min. from Palma, the CCA Andratx Art Centre is dedicated to the creation and exhibition of contemporary art. The CCA was founded in 2001 by **Jacob and Patricia Asbaek**. The 4.000 m2 building with a minimal but traditional style is perfectly integrated in the breathtaking natural scenery of its surroundings and is one of the largest centres of contemporary art in the Balearic Islands as well as in the rest of Europe.

For more information on **THE POWER OF INNER SUCCESS** please contact iben@ccandratx.com